Can't send email: 503 valid RCPT command must precede DATA

This is because you do not have the SMTP_Auth option enabled in your email reader. In Microsoft readers like Outlook and Outlook Express, this option is called: My Server Requires Authentication, or Outgoing Mail Server (SMTP) requires authentication.

For Outlook:

- 1. Go to Tools > Email Accounts
- 2. Select the Account with the trouble and click "Change"
- 3. Click on More Settings
- 4. Click on Outgoing Server Tab
- 5. Click "Outgoing Mail Server (SMTP) requires authentication" and make sure "Use same settings as incoming mail server" is selected (see attached image)

For Outlook Express:

- 1. Go to Tools > Accounts
- 2. Select the problem account from the list and click "Properties"
- 3. Click on the servers tab
- 4. Check the box "My Server Requires authentication"
- 5. Click OK.

For Thunderbird:

- 1. Tools > account Settings
- 2. At the bottom of the list of options on the left is "Outgoing Server (SMTP)" Select this option and then "Edit" the problematic account.
- 3. Check the box under "Security and Authentication" called "Username and password"
- 4. type in the full email address in the username box.

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